



Calhoun County Schools 6-12 Lunch Menu - - - February 2010

	Monday	Tuesday	Wednesday	Thursday	Friday
1	Hot Dog OR Meatball Sub Mac and Cheese Green Beans Mixed Fruit <hr/> Chef's Salad	2 Chicken Barbeque Sandwich OR Turkey BLT Wrap Baked French Fries Mixed Fruit <u>Brownie</u> Caesar Chicken Salad	3 Spaghetti w/ Meat Sauce OR Cheese Burger Garden Salad Mixed Fruit <u>Garlic Bread Stick</u> Chicken Salad w/ Fruit	4 Chicken and Rice OR Hamburger Garden Peas Diced Pears W/W Roll <hr/> Chef's Salad	5 Cheese Pizza OR Chicken Burger Garden Salad Fruit <hr/> Caesar Chicken Salad
8	Corn Dog Nuggets OR Cheese Burger Oven Fried Potatoes Green Beans <hr/> Chef's Salad	9 Loaded Baked Potato w/ Cheese and Broccoli OR Hamburger w/ Lettuce and Tomato Sliced Peaches <u>w/w Roll</u> Caesar Chicken Salad	9 Beef Tacos w/ Lettuce Tomatoes and Cheese OR Ranch Chicken Wrap Whole Kernel Corn <u>Apple Crisp</u> Chicken Salad w/ Fruit	11 Vegetable Beef Soup w/ Grilled Cheese Sandwich OR Turkey BLT Wrap Fruit Cup <u>Homemade Cookie</u> Chef's Salad	12 Pepperoni Pizza OR Cheese Burger Garden Salad Fruit <hr/> Caesar Chicken Salad
15	Cheese Burger OR Ham and Cheese Wrap Potato Salad Fruit Cup <hr/> Chef Salad	16 Baked Ziti OR Buffalo Chicken Wrap Broccoli/Cauliflower Polanaise Garlic Bread Stick <u>Fresh Fruit</u> Caesar Chicken Salad	17 Turkey and Cheese Sub OR Crispy Chicken Wrap Baked Potato Wedges Diced Pears <hr/> Chicken Salad w/ Fruit	18 Chicken Nuggets OR Cheese Burger Mashed Potatoes Green Beans <u>Apple Sauce</u>	19 Cheese Pizza OR Chicken Burger Garden Salad Fruit <hr/> Caesar Chicken Salad
22	Grilled Chicken Sandwich OR Turkey BLT Wrap Baked Potato Wedges Garden Salad <hr/> Chef Salad	23 Pork Riblet Sub OR Hamburger Garden Peas Sliced Peaches <hr/> Caesar Chicken Salad	24 Country Fried Steak OR Chicken Burger Rice w/ Gravy Green Beans Fruit Cup <u>W/W Roll</u> Chicken Salad w/ Fruit	25 Chili w/ Beans and Grilled Cheese Sandwich OR Ranch Turkey Wrap Carrot Sticks w/ Ranch <u>Fruit Cup</u> Chef Salad	26 Pepperoni Pizza OR Cheese Burger Garden Salad Fruit <hr/> Caesar Chicken Salad
<p style="font-size: 1.2em; margin: 0;">Men are like fish. Neither would get into trouble if they kept their mouth shut.</p>					

Choice of Lowfat White, Chocolate, or Strawberry Milk Offered Daily
Lunch Prices: Paid \$1.75 (Pre-K—5th) and \$2.00 (6th—12th) Reduced \$.40

Mission Statement: Our mission is to maintain a connection between sound nutrition and successful learning by providing the highest quality food and service possible. We are committed to creating a program to nourish and educate the hearts, minds and body of children while serving healthy, delicious breakfast and lunch each day in a warm and friendly atmosphere.

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