



## Calhoun County Schools Breakfast Menu - - - September 2009

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
|  | 1<br>Grits w/ Cheese Toast<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice              | 2<br>Pancakes & Sausage<br>Or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice                  | 3<br>Cheese Eggs w/<br>Potato Tots<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice           | 4<br>French Toast Sticks<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice                    |
| 7<br>Labor Day   | 8<br>Sausage and Egg<br>Biscuit<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice         | 9<br>Ham and<br>Cheese Grits<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice             | 10<br>Waffle and Sausage<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice                     | 11<br>Sausage Gravy<br>w/Biscuit<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice            |
| 14<br>Ham and Cheese<br>Biscuit<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice    | 15<br>Pancakes and<br>Sausage Patty<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice     | 16<br>Sausage and Sweet<br>Potato Muffin<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice | 17<br>Scrambled Egg and<br>Potato Tots<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice       | 18<br>French Toast Sticks<br>and Sliced Ham<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice |
| 21<br>Waffles and<br>Sausage Links<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice | 22<br>Scrambled Eggs<br>w/Banana Muffin<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice | 23<br>Ham, Egg and<br>Cheese Biscuit<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice     | 24<br>French Toast Sticks<br>w/Sausage Patty<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice | 25<br>Sausage Gravy and<br>Biscuit<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice          |
| 28<br>Grits w/ Cheese Toast<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice        | 29<br>Scrambled Eggs<br>w/ Grits<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice        | 30<br>Pancakes and<br>Sausage Patty<br>or Assorted Cereal<br>w/Buttered Toast<br>Assorted Juice      |  |   |

Choice of Lowfat White, Chocolate, or Strawberry Milk Offered Daily  
Lunch Prices: Paid \$1.75 (Pre-K—5th) and \$200.00 (6th—12th) Reduced \$.40



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