

A HAPPY
NEW YEAR

Calhoun County Schools
Lunch Menu - - - January 2010



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Ability will enable a man to go to the top, but it takes character to keep him there.</p>				<p>1 New Year's Day</p>
<p>4 Evaluation Day</p>	<p>5 Hot Dog or Meatball Sub Mac and Cheese Green Beans Mixed Fruit Caesar Chicken Salad</p>	<p>6 Chili w/ Beans and Grilled Cheese Sandwich or Ranch Turkey Wrap Carrot Sticks w/ Ranch Dressing Chicken Salad w/ Fruit</p>	<p>7 Chicken and Rice or Hamburger Orange Glazed Carrots Diced Pears W/W Roll Chef Salad</p>	<p>8 Cheese Pizza Or Chicken Burger Garden Salad Fruit Caesar Chicken Salad</p>
<p>11 Chicken Nuggets or Buffalo Chicken Wrap Mashed Potatoes Whole Kernel Corn Flavored Apple Sauce Chef Salad</p>	<p>12 Cheese Burger or Pork Riblet Sub Baked Potato Wedges Green Beans Brownie Caesar Chicken Salad</p>	<p>13 Lima Beans and Ham or Ham and Cheese Wrap Turnip Greens Fruit Cup Corn Bread Chicken Salad w/ Fruit</p>	<p>14 Oven Fried Chicken or Corn Dog Nuggets Rice w/ Gravy Garden Peas W/W Roll Mixed Fruit Chef Salad</p>	<p>15 Pepperoni Pizza or Cheese Burger Garden Salad Fruit Caesar Chicken Salad</p>
<p>18 MLK Holiday </p>	<p>19 Spaghetti w/ Meat Sauce or Chicken Burger Garden Salad Diced Pears Garlic Bread Stick Caesar Chicken Salad</p>	<p>20 Beef Vegetable Soup w/ Grilled Cheese Sandwich or Turkey BLT Wrap Carrot Sticks w/ Ranch Homemade Cookie Chicken Salad w/ Fruit</p>	<p>21 Chicken Barbeque Sandwich or Ham and Cheese Wrap Baked Potato Wedges Fresh Fruit Chef Salad</p>	<p>22 Cheese Pizza Or Chicken Burger Garden Salad Fruit Caesar Chicken Salad</p>
<p>25 Grilled Chicken Sandwich or Turkey BLT Wrap Baked Potato Wedges Garden Salad Chef Salad</p>	<p>26 Turkey Roast w/ Rice and Gravy or Chicken Burger Green Beans Mixed Fruit W/W Roll Caesar Chicken Salad</p>	<p>27 Corn Dog Nuggets or Hamburger Mac and Cheese Green Beans Fresh Fruit Chicken Salad w/ Fruit</p>	<p>28 Baked Ziti or Buffalo Chicken Wrap Broccoli/Cauliflower Polanaise Garlic Bread Stick Fresh Fruit Chef Salad</p>	<p>29 Pepperoni Pizza or Cheese Burger Garden Salad Fruit Caesar Chicken Salad</p>

Choice of Lowfat White, Chocolate, or Strawberry Milk Offered Daily
Lunch Prices: Paid \$1.75 (Pre-K—5th) and \$2.00 (6th—12th) Reduced \$.40

Mission Statement: Our mission is to maintain a connection between sound nutrition and successful learning by providing the highest quality food and service possible. We are committed to creating a program to nourish and educate the hearts, minds and body of children while serving healthy, delicious breakfast and lunch each day in a warm and friendly atmosphere.

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